

School Based Behavioral Health Services

Who We Are

As part of Catholic Charities' Family Services, Villa Maria Community Resources serves children, adults and families across Maryland by providing state-of-the-art behavioral health, child welfare, special education, early childhood and family development services. We are driven by our mission to serve "through caring, compassionate relationships that honor the worth and dignity of each child, adult and family."

Our licensed therapists provide mental health services in over 100 schools in Maryland. School based services have been shown to be effective in helping young people negotiate emotional and behavioral challenges that can impact their school performance as well as their home life.

We provide individual and family therapy that, combined with other school supports such as guidance and classroom interventions, can help students with moderate to severe behavioral and emotional problems.

Our services have helped students improve their behavior and school work habits, develop coping and relationship skills and manage anxiety and depression. Parents and caregivers also report getting support, information and guidance that leads to better communication and a less stressful home.

Other Services Available

Children and families who can benefit from additional services can be linked to the following services if available in their area:

- Medication evaluation and monitoring
- Skills for Success groups focused on coping and social skill development
- Respite Services
- Therapeutic After School Program
- Parent support group with child care provided

VILLA MARIA COMMUNITY RESOURCES

CATHOLIC CHARITIES IN ACTION

*Providing services for
children, adults and families*

What We Provide

Licensed therapists provide reliable, high quality services that are tailored to the needs of students and their families. Services provided in schools may include:

- Individual, family and group therapy
- Case Management services
- Researched based screenings and diagnostic assessments
- After school social and coping skills groups
- Parent support and training
- Consultations and training for faculty and staff

To Obtain Services

Parent and school staff can facilitate a referral by contacting the school guidance counselor or calling the site contact number below. Students receiving services must have, or be eligible for, medical assistance insurance. Prior to initiation of services, authorization is obtained from the public mental health system.

Location:

Villa Maria of Lansdowne
2700 Washington Avenue
Baltimore, MD 21227

Phone 667-600-3984
Fax 667-600-4065

